

# ACCESSIBLE WELLBEING FOR ASYLUM SEEKERS

#### RESEARCH

How can refugees benefit from the Inuka Coaching?



# **FOCUS GROUP**

3 former refugees & 2 Inuka employees

# **RESULTS**

strong need for hands-on guidance



## INTERVIEWS

19 individuals with refugee background & 9 experts

#### **PILOT**

13 respondents:3 participated in a trial

#### **ADVICE**

- language adaptation
- training of coaches
- voice memos & calling

### THE TEAM

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